



# Crunchy Cabbage Salad

Yield: 4-6 servings

Serving size: 1 cup

## Ingredients

1/2 head	Cabbage, shredded
1 each	Gala apple, thinly sliced
1-2 each	Celery stalks, thinly sliced
1 each	Lime, juiced and zested
1 Tablespoon	Olive oil
¼ teaspoon	Black pepper

## Equipment

- Chef knife
- Cutting board
- Large bowl
- Mixing spoon

## Method

1. In a large bowl, mix together the olive oil, lime juice and zest, and pepper.
2. Add the shredded cabbage, apple, and celery and mix well to combine.

## Helpful Tips

- Make this recipe your own by switching up the spices or adding fresh herbs
- For an added crunch, add some chopped nuts of choice
- Enjoy as a side dish or snack